

Our Learning Goals This Week

Our learning goal for this week is to:

- 1. I can understand and describe the parts of MyPlate.
- 2. I understand why proper nutrition is important so I can be physically and mentally healthy.
- 3. I can identify the parts of the sewing machine and common sewing tools.

Upcoming Graded Assignments

Due Wednesday, Aoril 30th:

- Sewing Practice Levels
- We will be working on this in class April 28 – 30th

Upcoming Important Dates

<u>Tues. May 6th:</u> Sewing Supplies due for students' sewing project

Tues. May 6th: Assignments are due to qualify for Encore Recess by 4pm.

Need Help?

Students can email Mrs. Hankins to set up a time to receive help!

Teacher Reminders

*Students received their sewing supply list in class on Wed. April 9th. The sewing supply list is also on google classroom. *Students must have their syllabus and lab contract signed and turned in, cannot have an "F Grade" in FCS class, and cannot wear slippers (including Ugg slippers) in the kitchens while cooking.

*If you have any questions, please email me at <u>rachel.hankins@jcschools.us</u>

*Our schedule and lesson plans are always subject to change. I appreciate your understanding and patience!